

RECIPE

# Cottage cheese Gyros



1 serving

Calories: 350

Protein: 30g

Fat: 14g

Fiber: 6g

## Ingredients

- 1 cup cottage cheese (½ cup per shell)
- 2 grain free pita shells (preferably ezeziel)
- 4 baby tomatoes
- ¼ cup Cucumber
- ⅛ cup red onion
- Arugula
- Salt, and pepper to taste

## Preparation

- Warm pita shell
- Dice up Cucumber & Onion
- Season the cottage cheese
- Stuff your pita shell with the cottage cheese
- Layer the Cucumber, onion, and tomatoes on top.
- Top with Cucumber